Access online help that's smart with heart



Health Advocate's digital experience has the resources you need to improve your health and well-being. Through our website and mobile app, you can:



Learn about your Health Advocate services and the many ways we can help



- Complete checklists and take selfassessments to learn more about issues that impact you
- View resources to help with life's challenges, including legal issues, financial topics, and more



Quickly connect with a Health Advocate expert through chat, web message or email



Request help to get the mental health support that fits your needs, including in-person counseling





Get started today!

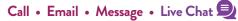
Log in or register with the steps below:

- 1. Visit the website or download the mobile app
- 2. Click "Register Now"
- Enter the required information, confirm your registration, and then log in

877.240.6863

answers@HealthAdvocate.com HealthAdvocate.com/MedMutualLife

Registration code: MEDMUTUAL



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